

Vibrato Workshop with Dr. Eva

Table of Contents Guide for Each Video

Part 1: Pre-Vibrato Basics

- Finger/Knuckle Wiggles (without instrument).....4:35
 - o Finger Flicks.....4:41
 - o Thumb/Finger Combo.....6:01
- Wrist Knocks.....7:39
 - o Alone in air (without instrument)
 - o At shoulder of instrument.....13:31
- Finger Taps with Impulses on top of instrument (left of fingerboard).....9:20
- Neck Slides.....11:52
- Peg Knocks.....15:02
- Peg Knocks with Impulses.....16:40

Part 2: Combining Pre-Vibrato Motions

- Mountain Up/Slide Down.....1:00
- Wrist knocks/Finger Wiggles at the shoulder.....5:14
- Neck slides/Finger Wiggles at the shoulder.....8:08
- Wrist Impulses/Finger Wiggles at the shoulder.....11:01

Part 3: Combined Motions in Rest Position with Metronome and Rhythms

- Wrist Knocks/Finger Wiggles at the shoulder.....1:55
 - o 1st Finger (all rhythms).....2:35
 - o 2nd Finger (all rhythms).....6:26
 - o 3rd Finger (all rhythms).....9:56
 - o 4th Finger (all rhythms).....12:43
- Neck Slides/Finger Wiggles at the shoulder.....16:13
 - o 1st Finger (all rhythms).....17:06
 - o 2nd Finger (all rhythms).....19:40
 - o 3rd Finger (all rhythms).....22:14
 - o 4th Finger (all rhythms).....24:51

Part 4: Combined Motions in Playing Position with Metronome and Rhythms

- Wrist Knocks/Finger Wiggles at the shoulder.....0:55
 - o 1st Finger (all rhythms).....2:15
 - o 2nd Finger (all rhythms).....5:39
 - o 3rd Finger (all rhythms).....8:47
 - o 4th Finger (all rhythms).....11:35
- Neck Slides/Finger Wiggles at the shoulder.....14:32

○ 1 st Finger (all rhythms).....	15:14
○ 2 nd Finger (all rhythms).....	18:10
○ 3 rd Finger (all rhythms).....	21:00
○ 4 th Finger (all rhythms).....	24:09
- Practice Tip.....	27:36

Part 5: Combined Motions using Bow with Metronome and Rhythms

- What are we listening for?.....	1:49
- Wrist Knocks/Finger Wiggles at the shoulder.....	4:29
○ Each Finger in Quarter Notes.....	5:08
○ 8 th Notes.....	10:54
○ Triplet 8 th Notes.....	14:57
○ 16 th Notes.....	18:37
○ Sextuplets.....	22:46
- Neck Slides/Finger Wiggles at the shoulder.....	26:24
○ Each Finger in Quarter Notes.....	27:08
○ 8 th Notes.....	31:22
○ Triplet 8 th Notes.....	34:47
○ 16 th Notes.....	37:45
○ Sextuplets.....	40:55
- Wrist Impulses/Finger Wiggles at the shoulder.....	44:33
- Tips on “Letting Go”	51:02
- Differences between Wrist and Arm Vibratos?.....	54:02

Part 6: Application of Vibrato

- D Major, One Octave Scale.....	1:32
○ Wrist Vibrato.....	2:26
○ Arm Vibrato.....	5:05
○ Lift/Drop Impulses.....	7:57
○ Continuous Vibrato.....	11:29
- 4 Fingers Exercise.....	15:09
○ Try using vibrato in different:	
■ Positions.....	15:59
■ Strings.....	17:52
■ Left hand patterns.....	18:53
• High 2, Low 2, High 3/Low 4, Open, Closed, Scissor	
■ Speeds (with metronome ranging from 120-160).....	22:12
■ Wrist vs. Arm.....	29:12
■ Oscillation width (wide vs. narrow).....	29:41
■ Can also try this exercise with same Metronome/Rhythm and Impulse work previously done in workshop in different positions or strings, using wrist or arm vibrato, etc.	
- Tips on Application in Repertoire.....	33:20